

South Essex Family Innovation Fund (FIF)

A range of exciting new projects have started across South Essex to support Children, Young people and their Families, who feel they need some support to improve their family life to avoid family breakdowns, social isolation, or 'risk taking' behaviours.

The Children's Society, Open Door and Southend YMCA are working together to offer support directly to Children, Young People and families, as well as to work with schools and practitioners, through four projects:

Parenting

Family Intervention Team (FIT).

Working at an early intervention level with families who are struggling with a child's challenging behaviour. We deliver evidence based parenting programmes aiming to improve parenting capacity and the behaviours and life chances of children and young people. This project works in partnership with the Ministry of Parenting.

Contact

FIFreferrals@childrenssociety.org.uk for more information or call 01245 493311

Young People Behaviours

Safe in Essex (SIE)

Working with children and young people identified at risk or already engaging in low level risky behaviours. We aim to intervene with those young people not involved in statutory service provision to ensure they receive services at the earliest point before risk taking behaviours escalate.

Contact

FIFreferrals@childrenssociety.org.uk for more information or call 01245 493311

Coaching and Mentoring

Support for 8-19 year olds through structured coaching and mentoring opportunities. **Coaching** involves a semi structured process of questioning and reflection. **Mentoring** is different to coaching in that a mentor is a guide or a positive role model who can help the mentee to find the right direction and who can help them to develop solutions to issues.

Contact

GLOW@southendymca.org.uk for more information or call 07552 350434

Counselling and Mediation

Help for children, young people and families through a bespoke programme of different counselling and mediation services is available. One to one, family or group services will be offered either in schools or at a local venue. Art, Music, Drama, Movement and/or talking therapies will be used to build upon strengths and find solutions to behaviours that are causing concern.

Contact

opendoor@opendoorservices.org for more information or call 07807 797909

Access to the projects is by referral form to ensure that the right project offers support at the right time. For further information on all projects, please see the FIF Directory or contact the project lead listed above.

