

PERSONAL BEST PROGRAMME

Training and volunteering programme linked to the London 2012 Olympic and Paralympic Games

seevic
college

Gain a Level 1 qualification in Preparation for Event Volunteering



What is the Personal Best Programme?

Your chance to learn new skills, gain a Level 1 qualification in Preparation for Event Volunteering, get support and advice on finding a job and the potential to become a volunteer at the London 2012 Games.

You will study a range of units covering volunteering, health and safety awareness, customer relations, equality and diversity and developing your team and interpersonal skills. These are all skills that can be used in the workplace. You will also get the opportunity to volunteer in a range of settings.

Why should I join the Programme?

- Attend the November 10 introductory session and on successful completion of the Personal Best programme you will be guaranteed an interview to become a London 2012 Games Maker
- On successful completion you will have gained a Level 1 qualification and improved your skills
- You may also have the opportunity to visit one of the 2012 Games sites

Who is the Programme for?

- Anyone in Thurrock who is 18 or older and:
- Is not currently in education, training or employment
- Does not have a full Level 2 qualification or higher
- Is able to demonstrate literacy and numeracy skills
- Is willing to volunteer

Where and when is the Programme delivered?

- An introductory and assessment session will be held on November 10 2010 at Thameside in Grays, where participants will be signed up for volunteering at the 2012 Games
- The programme will then run two days a week - every Tuesday and Thursday - from January 18 to March 31 2011 in Tilbury and Grays
- You will also need to complete 20 hours of volunteering

How do I apply?

Complete the application form on the other side and return to:

Ola Kanu
Community Development Team
Thameside
Orsett Road
Grays RM17 5DX

Tel: 01375 413 030
community@thurrock.gov.uk

This project is funded by the East of England Development Agency

APPLICATION FORM

Personal Information

Name

Address

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.....

Postcode

Gender Male Female Unknown

Telephone

Email

Disability Yes No Unknown

Age group Under 18 18-25

26-49 50+

Unknown

Eligibility

Are you currently in employment, education or training? **Y/N**

If YES, please outline

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Eligibility

Are you under 20? **Y/N**

Are you a lone parent? **Y/N**

How did you hear about this course?

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General Qualifications

Do you have any Qualifications? If YES, please outline giving year obtained.....

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Ethnicity

Please indicate by placing a tick in the box next to the description which you feel most closely describes your ethnicity.

- | | |
|---|--|
| <input type="checkbox"/> 11 Asian or Asian British - Bangladeshi | <input type="checkbox"/> 19 Asian or Asian - Indian |
| <input type="checkbox"/> 12 Asian or Asian - Indian | <input type="checkbox"/> 20 Mixed - White and Asian |
| <input type="checkbox"/> 13 Asian or Asian British - Pakistani | <input type="checkbox"/> 21 Mixed - White and Black African |
| <input type="checkbox"/> 14 Asian or Asian British - any other Asian background | <input type="checkbox"/> 22 Mixed - White and Black Caribbean |
| <input type="checkbox"/> 15 Black or Black British - African | <input type="checkbox"/> 23 Mixed - any other Mixed background |
| <input type="checkbox"/> 16 Black or Black British - Caribbean | <input type="checkbox"/> 24 White - British |
| <input type="checkbox"/> 17 Black or Black British - any other Black background | <input type="checkbox"/> 25 White - Irish |
| <input type="checkbox"/> 18 Chinese | <input type="checkbox"/> 26 White - any other White background |
| | <input type="checkbox"/> 98 Any other |
| | <input type="checkbox"/> 99 Not known/not provided |

Declaration

I confirm to the best of my knowledge that the information in this application form is correct.

Signed by applicant

Date